

2025 OCAM Conference *Realign, Refresh, & Refine Your Professional Skills*

Presenter Bios

Jen Bierer, BA, Director of Communications, *PreventionFIRST!*

Workshop: Smart & Sustainable Social Media Tactics for Prevention Professionals

Presenter Bio: Jennifer Bierer is Director of Communications at PreventionFIRST! Jennifer manages PreventionFIRST! social media, public relations, and promotion and marketing strategies. She coordinates prevention efforts around problem gambling and is a Problem Gambling Network of Ohio board member. Additionally, she provides training and technical assistance on sustainable, realistic communication strategies and planning for community organizations and prevention professionals. Jennifer has a Bachelor of Arts in communication and public relations from Xavier University. She has extensive experience in public health promotion and strategies focusing on chronic diseases, obesity, traffic related deaths/injuries, mental health, and substance use/misuse. She has also developed marketing strategies and branding for several startup businesses.

Amy Hamilton, MPA, OCPS, Behavioral Health Consultant, *You Thrive Training & Consulting*

Workshop: Bridges, Not Barriers: Conflict Management & Trust Building in Prevention Workplaces

Presenter Bio: A dynamic professional with a profound commitment to community well-being and organizational excellence, Amy blends a rich academic background of social work, nonprofit and community leadership, public administration, and gender & diversity studies with extensive hands-on experience to drive impactful changes in the realms of nonprofit management, behavioral health, and community development. Amy specializes in trauma & resilience, suicide prevention, coalition building best practices, strategic planning, and volunteer management. She is a certified instructor for Youth and Adult Mental Health First Aid, QPR, PAX Tools, Social Resilience Model, SAMHSA's Ethics in Prevention, OMHAS's Trauma Informed Approaches, and is certified as an Advanced National Organization for Victim's Assistance Responder. Amy currently works for You Thrive Training and supports over thirty-four prevention coalitions across the State of Ohio in developing foundational processes to support maximum community impact and the reduction of mental illness and substance misuse. She is a professional trainer and content developer and loves supporting professionals in their prevention journey.

Rachel Miller, M.Ed., LSW, OCPC, ICPS, Prevention Services Supervisor, *Greene County ESC*

Workshop: Letting Go of Control: Effective Delegation

Presenter Bio: Rachel currently works at the Greene County ESC as the Prevention Services Supervisor. Rachel is both an Ohio Certified Prevention Consultant and a Licensed Social Worker. Rachel earned her bachelor's degree of Science in Social Work from Bowling Green State University, and her Master of Education in School Counseling from Wright State University. Rachel has over ten years of experience working in the prevention field and has spent the majority of her prevention career serving Greene County. Rachel is the co-chair of the Greene County Suicide Prevention Coalition. She has delivered training and education sessions on topics including suicide prevention, life skills, and substance use prevention. Rachel has also sat on the Board of Directors of the Ohio Prevention Professionals Association since 2020. She is passionate about helping build the capacity of prevention professionals across the state.

Presenter Bios

Ryley Jones, BS, CHES, OCPS, ICPS, Program Manager, *PreventionFIRST!*

Workshop: Refreshing Supervision Practices: Setting your Employees up for Success

Presenter Bio: Ryley Jones is a Program Manager under the Center for Prevention Science at PreventionFIRST! She is an Ohio Certified Prevention Specialist (OCPS) and a Certified Health Education Specialist (CHES). Ryley is passionate about professional development and expanding the field of Prevention. She is responsible for managing our Coalition Evaluation Center, agency evaluation, and data collection efforts. She is an Ohio Coaching and Mentoring (OCAM) Network coach and mentor. She is responsible for managing the OCAM training calendar, facilitating training, and processing all continuing education hours/ certificates of attendance. Ryley has a Bachelor of Science in health promotion & education with a focus on public and community health from the University of Cincinnati. She is also currently pursuing her Masters of Public Health with a concentration in Social & Behavioral Health from Kent State University.

Sarah Sawmiller, MPH, MCHES, OCPC, Senior Director of Data Integration, *PreventionFIRST!*

Workshop: Refreshing Supervision Practices: Setting your Employees up for Success

Presenter Bio: Sarah Sawmiller is the Senior Director of Data Integration at PreventionFIRST! She is an Ohio Certified Prevention Consultant (OCPC) and a Certified Health Education Specialist (CHES). Sarah oversees the implementation of the biennial PF! Student Survey, all assessment, and evaluation-related strategies, and many of PreventionFIRST!'s prescription drug misuse prevention programs. She is an Ohio Coaching and Mentoring (OCAM) Network trainer, a provisional trainer for Sources of Strength Secondary, and a PAX Partner. Sarah has a Bachelor of Science in health education with a focus on public and community health and a Master of Public Health with a concentration in biostatistics, both from the University of Cincinnati. She is a 2019 graduate of the Community Leaders Institute (CLI). Prevention Team Lead, Greater Cincinnati Behavioral Health Services.

Andrea Hoff, MPA, GPC, OCPC, ICPS, Owner & President, *You Thrive Training & Consulting*

Workshop: The Courage to Push Back: Advocacy, Boundaries, and the Power of "No"

Presenter Bio: Andrea Hoff is the Owner & President of You Thrive Training & Consulting, LLC, a company that provides training and consulting services in the areas of behavioral health prevention, nonprofit leadership, and grant writing. Andrea has worked in the behavioral health field for 30 years, is certified in Ohio as a behavioral health prevention consultant (OCPC) and international behavioral health prevention specialist (ICPS) and is a certified QPR Suicide Prevention Gatekeeper Instructor and Substance Abuse Prevention Skills Training (SAPST) Instructor. She uses the Gallup CliftonStrengths assessments in her coaching work. Andrea is also a certified grants professional (GPC) with extensive experience in grant writing. She is a Past President of the Miami Valley, Ohio, Chapter of the Grant Professionals Association (GPA) and is an approved GPA speaker. During her career, Andrea raised over \$53 million to support a variety of behavioral health services. She graduated summa cum laude with her master's degree in public administration from the University of Dayton.

Presenter Bios

Miyohnna Terry, M.Ed., Senior Project Manager, Cincinnati Children's Hospital Medical Center

Workshop: Time Management & Prioritizing Tasks

Presenter Bio: As a Senior Project Manager at Cincinnati Children's Hospital, Miyohnna works in the Supply Chain, Contracting, and Value Analysis department. In this position, she is responsible for working independently to manage strategic projects, engaging, and connecting with leaders. She brings over 12 years of extensive experience in education and outreach programming, specializing in serving ethnic minority and underserved populations. Her initiatives have encompassed a diverse range of programs, including poison prevention & substance abuse education for school-aged children. Her areas of expertise include project management, trauma-informed care & resiliency strategies, school-based prevention programming, and working within at-risk communities. She earned her Master of Education (M.Ed.) degree from Union Institute & University in 2011. In 2020, Miyohnna joined the Ohio Coaches and Mentoring (OCAM) Network as a coach, further expanding her impact in mentorship and leadership development. She currently lives in Cincinnati, Ohio, raising her 11-year-old daughter. She loves to work in the community, she is very active in her local church, a Troop Leader for her daughter's Girl Scout troop, and enjoys traveling.

Takiyah Anderson, BA, OCPC, Project Director, Youngstown UMADAOP

Workshop: Time Management & Prioritizing Tasks

Presenter Bio: Takiyah Anderson is an Ohio Certified Prevention Consultant (OCPC) and is a Project Director with Youngstown Urban Minority Alcoholism and Drug Abuse Outreach Program (YUMADAOP) where she has worked in the prevention field for over 13 years. As Program Director she's managed Drug Free Communities and Partnerships for Success Grants, working with coalitions, schools, and the community using the Strategic Prevention Framework and Strategies for Community Change. Takiyah has a bachelor's degree in accounting from Youngstown State University. She is a PAX Tools Community Educator and is certified in QPR.

Honey Bell-Bey, BA, OCPS, Founder & Director, Distinguished Gentlemen of Spoken Word

Workshop: When Youth Lead: P.A.R.T.S, Prevention, Peer Pulse, & the Peer

Presenter Bio: Honey Bell-Bey holds a BA in Broadcast Production Technology from Bethune-Cookman University. A motivational poet, writer, educator, and community advocate, Bell-Bey is an Ohio Certified Prevention Specialist and the founder and director for The International, Distinguished Gentlemen of Spoken Word, a character-based performance troupe for adolescent males who perform on topics of disparities and social injustices. She has performed, directed, and choreographed Spoken Word performances internationally and has received numerous awards and accommodations for her service and activism utilizing poetry as a tool to unite communities around issues in social justice and equity. She was appointed the poet laureate of Cuyahoga County in January 2020, the first poet in sixteen years to hold the position, and lives in Cleveland, Ohio.

Jim Ryan, BA, OCPC, ICPS, Prevention Consultant, Ryan Training & Consultation

Workshop: Prevention Retention: Keeping People in the Field

Presenter Bio: Jim is executive director of the Ohio Prevention Professionals Association (OPPA), Ohio's membership association for prevention professionals and advocates, providing leadership to meet OPPA's vision of championing a united voice for effective prevention in the state. Jim is an Ohio Certified Prevention Consultant and Internationally Certified Prevention Specialist with over 40 years of experience in the prevention field.

Presenter Bios

Katie Wolf, MS, CHES, OCPS, Behavioral Health Consultant, *You Thrive Training & Consulting*

Workshop: From Passion to Progress: Planning Professional Growth in Prevention

Presenter Bio: Katie Wolf is a dedicated health education and prevention specialist with a passion for building healthier, more resilient communities. She holds a master's degree in health promotion with a background in Public Health and Psychology. With a wide range of prevention service delivery experience in both school and community settings, she excels in community education, strategic planning, and coalition development. Katie is a Certified Health Education Specialist (CHES) and Ohio Certified Prevention Specialist (OCPS), as well as a trained QPR suicide prevention gatekeeper, Wellness Initiative for Senior Education (WISE), and Minimize Risk Maximize Life (MRML) facilitator. Katie is passionate about helping others while remaining committed to lifelong learning and continuing education.

Lake Miller, OCPC, ICPS, Director of Education, *National Conference for Community & Justice*

Workshop: Making Trainings Interactive & Engaging Learning Styles

Presenter Bio: Lake Miller is the Director of Education at The National Conference for Community & Justice of Greater Dayton (NCCJ). Since 2018, he has overseen NCCJ's youth programs, including Anytown Youth Leadership Institute, Police and Youth Together, and school-based programs. Lake believes in the power of conversation and creating safe spaces for individuals to engage in meaningful conversations. Lake is an Ohio Certified Prevention Consultant (OCPC) and is a certified QPR instructor. He also works to educate other preventionists on how to be more inclusive and equitable in their prevention practice. Lake served on the National Leadership Team for Scouts for Equality, a nationwide non-profit working to end discrimination in the Boy Scouts of America. As an Eagle Scout, Lake utilized his knowledge and interest in Scouting to assist in advocating for a national campaign that successfully resulted in policy change at the national level. Lake is also a Volunteer Trainer with 4 Paws for Ability where he assists in training service dogs to be placed with children & veterans who have disabilities.

Christi Valentini-Lackner, BS, OCPC, Chief Program Officer, *PreventionFIRST!*

Workshop: Expand Your Professional Network: Speed Networking

Presenter Bio: Christi Valentini-Lackner is the Chief Program Officer at PreventionFIRST! She is an Ohio Certified Prevention Consultant (OCPC) who has worked in the prevention field for over 20 years. Christi has a Bachelor of Arts in psychology from Ohio University. Christi is an Ohio Prevention Professionals Association board member and serves as Vice President and Education & Training Team Co-Chair. In 2016, she received the ADAPAO Advocate of the Year Award. Christi is an Ohio Coaching and Mentoring (OCAM) Network coach and mentor. She is co-author of the low-risk drinking course for adults, Minimize Risk-Maximize Life.