

OCPS Test Prep: Preparing for the CPS Exam

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HAMILTON COUNTY
**Mental Health &
Recovery Services Board**

Housekeeping Notes:

- Continuing education will only be awarded for those who view the live session
- You must attend the entire training to receive continuing education hours
- Post-event evaluation surveys are required to receive continuing education
- For Nursing/Social Work/Mental Health Counselor credits you must provide your license number in the post-event evaluation survey
- For CHES credits, you must provide your CHES ID in the post-event evaluation survey
- You will receive your certificate for continuing education by email within **30 days** of this training



How To Work Through Test Anxiety & Successfully Pass The OCPS Exam

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Objectives

1. Participants will be able to verbalize the requirements to apply for the OCPS test
2. Participants will know where to access resources that could be useful in preparation for the test as well as test taking strategies
3. Participants will will learn how and what to study to be most successful

Overview Of The Credentialing Process

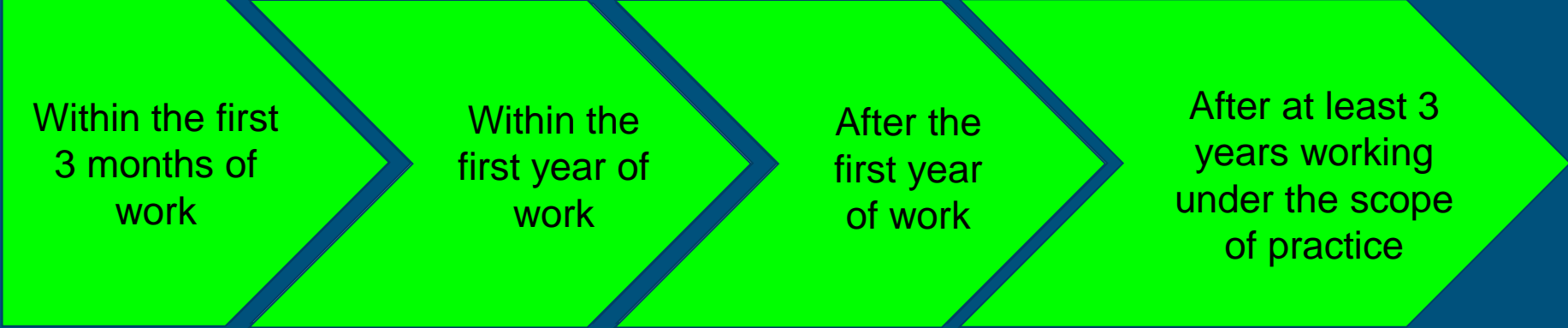
- Through Ohio Chemical Dependency Professionals Board
 - Mission: To cultivate, certify & license quality prevention & addiction professionals
 - Vision: A network of competent, ethical professionals practicing evidence-informed services that promote healthy lifestyles & communities
- Needed to perform prevention services
 - (B) (2) (F) "Prevention services" means a comprehensive, multi-system set of individual & environmental approaches that maximizes physical health, promotes safety, & precludes the onset of behavioral health disorders

List of Available Prevention Credentials

Through the OCDPB

- Registered Applicant (RA)
 - Ohio Certified Prevention Specialist Assistant (OCPSA)
 - Ohio Certified Prevention Specialist (OCPS)
 - Ohio Certified Prevention Consultant (OCPC)
-

Moving Through The Credentials



Within the first
3 months of
work

Within the
first year of
work

After the
first year
of work

After at least 3
years working
under the scope
of practice

Requirements To Apply For The OCPS Exam

- Minimum of an Associate's Degree
- One year (at least 2000 hours) of prevention related work experience (paid or volunteer)
- Completion of 120 hours of prevention education in the specified content areas
- Successful completion of the IC&RC prevention examination
- Completion of online application
- Must be renewed every two years

Reading The Question


- Cover the answers with your hand & then read the question
- Ask, “What is this question asking?”
- Rephrase the question in your own words until you understand it
- Without looking at the answers ask, “What do I know about that?”
- Now look at the answers & mark out those that you know to be incorrect. You can usually narrow it down to two answers
- Ask yourself about the two remaining answers, “What do I know about ...?”

Clue Words & Numbers

- If two answers are opposite, one is probably correct
- Answers with the following words are usually incorrect: always, never, all, must
- Answers with the following words are usually correct: seldom, generally, tend to, probably, usually
- Look for grammatical clues between the question & the choices. For example, the question & the correct answer often have verbs of the same tense & have nouns & verbs that agree
- Underline familiar words or phrases from the lecture or textbook
- Be aware of degrees of correctness. With numbers, one choice is usually too small or too large. These choices may be eliminated

Use A Technique~

You are planning to use a proven, evidence-based program but realize it is not feasible to implement all of the program components. You should:

- ~~Not proceed at all with your choice~~
-  Consult with the program's developers to determine potential impact
- ~~Go ahead, as most programs can be modified to meet local circumstances~~
- Add additional alternatives to fill out the missing components

Use A Technique~

A prevention strategy aimed at informing broad segments of society is called a:



- Universal Intervention
- Selective Intervention
- Indicated Intervention
- Risk & Protective Approach

Use A Technique~

What question should be asked at the **HIGHEST** level of prevention evaluation?



- Did community-wide behaviors change?
- Did intended participants attend regularly?
- Did program ~~participants'~~ behavior change?
- Did participants' ~~attitudes~~ change or did self-esteem improve?

Use A Technique~

The **first step** in developing community prevention strategies is:



A. Assessment

B. Capacity building

~~C. Planning~~

~~D. Implementation~~

Use A Technique~

Which of the following is categorized as
a depressant drug?

Where To Focus Study Time:

- CADCA Primers
- Evaluation Words
- Planning Words & Definitions
 - Community Readiness
 - Needs Assessment
 - Prioritizing Risk & Protective Factors
 - Resource Assessment
 - Targeting the Population
 - Implementing Best Practice
 - Evaluation
- Strategic Prevention Framework

Where to focus study time:

★ Logic Model Words & Definitions

- Goals
- Strategies
- Target Population
- If-Then Statement
- Short-term Outcomes
- Long-term Impacts

★ Basic Prevention Theory

- Universal, Selected, Indicated
- Continuum of Care
- Risk & Protective Factors Theory
- Resiliency Approach
- Developmental Assets
- Six CSAP Strategies

Resources For Test Prep

- Practice Test
 - <https://pfs.ohio.gov/SPF-Phases/Capacity/Ohio-Prevention-Credential-Practice-Exam>
- Rhode Island Study Guide
 - <https://internationalcredentialing.org/resources/Documents/PreventionCertificationStudyGuide.pdf>
- CRAM digital flashcards
 - <https://www.cram.com/search?query=cadca&submit=Search>
- Candidate Guide for the IC&RC Prevention Specialist Exam
 - https://internationalcredentialing.org/resources/Candidate%20Guides/Prevention_Candidate_Guide.pdf
- CADCA Primers
 - <https://www.cadca.org/resource-types/primer>

Free Practice Test



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Specific Education Areas, and who provides services that help individuals, families and communities to develop the capacities needed to achieve behavioral health and wellness. Prevention specialists deliver evidence-based prevention programming in a variety of settings including schools, workplaces, health care centers, community organizations, and prevention coalitions.

Purpose of the Exam

OhioMHAS, OSET and OCAM Coaches have developed this free on-line practice exam to help those working in the field of prevention prepare for and pass the Ohio Prevention Specialist Certification Exam. This on-line practice exam was developed as a resource to help eliminate financial barriers, test anxieties and to help prepare Ohioans as they further their educational and professional goals in the prevention field.

This on-line exam has 50 questions that are based on the 6 Prevention Specific Education Areas. There is no time limit, and scores will be available immediately following the examination process.

Rhode Island Prevention Specialist Certification: Study Guide for the Certification Exam

OhioMHAS, OSET and OCAM would like to acknowledge the Tennessee Department of Mental Health and Substance Abuse Service's: STUDYING FOR SUCCESS, Preparing for and Passing the IC&RC Prevention Specialist Exam as guidance in creating this on-line exam.

[Take the Ohio Prevention Credential Practice Exam](#)



CRAM

- TITLE
- CONTENT
- SUBJECT
- AUTHOR

IMAGES

- ALL SETS
- SETS WITH IMAGES
- TEXT ONLY SETS

CATEGORY

- Careers
- Common Core
- Computers
- Course Subjects
- Education
- Exam
- Language
- Law Enforcement
- Medical
- Military

CADCA Cultural Competence Glossary

Subjects: Views: 0 Added: May 3, 2021 Author: jenniferdbenson



37 Flashcards

OCPS Study Material - CADCA

Created in 2021

Subjects: Atod, Drugs, Prevention, Ocps, Ocam, Cadca
Views: 0 Added: June 13, 2021 Author: mdewese



276 Flashcards

CADCA Community Coalitions Handbook

Subjects: Views: 0 Added: May 3, 2021 Author: jenniferdbenson



22 Flashcards

CADCA Sustainability Glossary

Subjects: Views: 0 Added: April 16, 2021 Author: jenniferdbenson



10 Flashcards

CRAM

37 Cards in this Set Share Print Export

Front	Back
Acculturation	The process of adopting the cultural traits or social patterns of another group. In immigrant groups, traditional cultural values and the protective value they provide are weakened as a result.
Activity	Thing that you do—planned event or used to implement a program.
Aim	A clearly directed intent or purpose, an anticipated outcome that is intended to guide your planned actions. To be attained.

A Fun Way To Study Your Flashcards

At Cram.com we know you are always looking for new ways to help you learn, and what better way to learn than a game that uses the flashcard set you're currently studying? Our new game, Jewels of Wisdom, combines flashcard knowledge with a fast paced jewel matching game.




PLAY NOW



PLAY NOW

CADCA Primers ~ 8


PRIMER
EVALUATION



Setting the Context for a Community Coalition Evaluation

CADCA
Community Anti-Drug Coalitions of America
National Coalition Institute


PRIMER
PLANNING



Developing the Coalition's Vision, Mission, Objectives, Strategies and Action Plans (VMOSA)

CADCA
Community Anti-Drug Coalitions of America
National Coalition Institute

PRIMER
SUSTAINABILITY



Fostering Long-Term Change to Create Drug-Free Communities

CADCA
Community Anti-Drug Coalitions of America
National Coalition Institute

Prevention Specialist Domains

Planning & Evaluation – 30%

Prevention Education & Service Delivery – 15%

Community Organization – 15%

Professional Growth & Responsibility - 15%

Communication – 13%

Public Policy & Environmental Change – 12%

Actually Taking The Exam:

- The PS exam is 150 multiple choice questions with 4-option format. Only 125 questions are scored. Candidates have up to three hours to complete the exam
- Take your time
- You will get a preliminary pass/fail

A large, semi-transparent watermark of the Ohio state flag is centered in the background. The flag features a red circle with a white sunburst in the center, surrounded by a blue field with white stars. The flag is set against a dark blue background.

**Ohio Prevention Professionals pass
at a higher rate than any other state**

**Ohio has more Certified Prevention
Professionals than any other state**

Ohio is Buckeye~tastic!

Next Steps:

- Apply for the OCPS Exam
- Begin studying
- Reach out to other professionals who are also taking the test
- Sign up for a study group
- Breathe!

Once You Are Approved:

- OCDPB will send your information to IC&RC
- IC&RC will send an email telling you how to register for the exam
- Register at one of the testing sites
- A candidate's examination score is based on the total number of questions answered correctly. Candidates should answer each question, as no points are deducted for incorrect answers.
- Number of Scored Items: 125
- Number of Pre-test Items: 25
- Total Number of Items: 150
- Length of Administration: 3 hours

Testing Sites:

1	Akron	Ohio
1	Chillicothe	Ohio
3	Cincinnati	Ohio
1	Fairborn	Ohio
1	Fairfield	Ohio
1	Mansfield	Ohio
1	Marietta	Ohio
1	MAUMEE	Ohio
1	MENTOR	Ohio
1	Middleburg Heights	Ohio
1	NILES	Ohio
1	Ravenna	Ohio
1	Toledo	Ohio
2	WORTHINGTON	Ohio

Rules:

Examples of misconduct include, but are not limited to:

- Writing on anything other than the authorized scratch paper provided at the administration site
- Looking at other candidate's examination
- Discussing examination content before, during, or after administration orally, electronically, or in writing with any person or entity
- Copying or removing examination information from the testing area
- Use of cellphones or other electronic devices

More Help:

Ohio Coaching and Mentoring Network

Jennifer Benson, BA, OCPC, ICPS

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Questions?



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Post Training Info:

- The recording and supplemental materials will be available on the PreventionFIRST! website under **TrainingHUB**.

- Please complete the evaluation survey here:



- STAY CONNECTED:



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@PrevFIRST

prevention-first.org



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